

## Important: COVID-19 Vaccine Information

We want to ensure that you stay informed about the developments surrounding the COVID-19 vaccine. Below you will find the latest information (as 5/14/2021) provided by the Centers for Disease Control and Prevention (CDC), including answers to some of the most frequently asked questions (FAQs). If you have additional questions or concerns, don't hesitate to reach out to us at **800.648.7563**.



### Key Things to Know About COVID-19 Vaccines

#### What you Need to Know

COVID-19 vaccines are safe and effective. You may have side effects after vaccination. These are normal and should go away in a few days. It typically takes 2 weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. You are not fully vaccinated until 2 weeks after the 2nd dose of a two-dose vaccine or 2 weeks after a one-dose vaccine. Learn how to find a COVID-19 vaccine so you can get it as soon as you can. People who have been fully vaccinated can start to do some things that they had stopped doing because of the pandemic.

#### What we are Still Learning

We are still learning how well vaccines prevent you from spreading the virus that causes COVID-19 to others, even if you do not have symptoms. Early data show that vaccines help keep people with no symptoms from spreading COVID-19. We are also still learning how long COVID-19 vaccines protect people. We are still learning how many people have to be vaccinated against COVID-19 before the population can be considered protected (population immunity). We are still learning how effective the vaccines are against new variants of the virus that causes COVID-19.

#### Availability of Vaccines

Vaccines are now more widely accessible in the US. Everyone ages 12 and older is recommended to get a COVID-19 vaccination. Find a COVID-19 Vaccine: Search [vaccines.gov](https://vaccines.gov), text your ZIP code to 438829, or call 1-800-232-0233 to find locations near you.

#### Cost of Vaccines

The federal government is providing the vaccine free of charge to all people living in the United States, regardless of their immigration or health insurance status. COVID-19 vaccination providers cannot:

- Charge you for the vaccine
- Charge you directly for administration fees, copays, coinsurance, or the balance of the bill after appropriate reimbursement
- Deny vaccination to anyone who does not have health insurance coverage, is underinsured, or is out of network
- Charge an office visit or other fee to the recipient if the only service provided is a COVID-19 vaccination
- Require additional services in order for a person to receive a COVID-19 vaccine; however, additional healthcare services can be provided at the same time and billed as appropriate

COVID-19 vaccination providers can:

- Seek appropriate reimbursement from the recipient's plan or program for a vaccine administration fee

#### Effectiveness

Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19. Getting a COVID-19 vaccine will also help keep you from getting seriously ill even if you do get COVID-19. COVID-19 vaccination is an important tool to bring you closer to enjoying the activities you have missed. Learn more about the benefits of getting vaccinated.

COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19. It typically takes 2 weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. That means it is possible a person could still get COVID-19 before or just after vaccination and then get sick because the vaccine did not have enough time to provide protection. People are considered fully vaccinated 2 weeks after their second dose of the Pfizer-BioNTech or Moderna vaccine, or 2 weeks after the single-dose Johnson & Johnson Janssen vaccine.

You should keep using all the tools available to protect yourself and others until you are fully vaccinated. After you are fully vaccinated, you can start doing some things you had stopped doing because of the pandemic. Learn more about what you can do when you have been fully vaccinated.

#### Safety

Millions of people in the US have received COVID-19 vaccines, and these vaccines have undergone the most intensive safety monitoring in US history. This monitoring includes both established and new safety monitoring systems to make sure that COVID-19 vaccines are safe. COVID-19 vaccines cannot give you COVID-19. Learn more facts about COVID-19 vaccines.

After COVID-19 vaccination, you may have some side effects. These are normal signs that your body is building protection. The side effects from COVID-19 vaccination, such as tiredness, headache, or chills, may affect your ability to do daily activities, but they should go away in a few days. Learn more about what to expect after getting vaccinated.

Source: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html>



### Additional COVID-19 Vaccine FAQs

**How much will the COVID-19 vaccine cost?**  
There will be no cost to members for the COVID-19 vaccine.

**How many doses of the COVID-19 vaccine do I need?**  
The Moderna and Pfizer/BioNTech vaccines, which are mRNA vaccines, require 2 doses. The Johnson & Johnson vaccine, which is a viral vector vaccine, is a single dose vaccine.

**Are there special considerations on who should get the COVID-19 vaccine?**  
Everyone 12 years of age and older is now recommended to get a COVID-19 vaccination.

**Do I need a COVID-19 vaccine if I have already had COVID-19 and recovered?**  
Yes, you should be vaccinated regardless of whether you already had COVID-19. That's because experts do not yet know how long you are protected from getting sick again after recovering from COVID-19. Even if you have already recovered from COVID-19, it is possible - although rare - that you could be infected with the virus that causes COVID-19 again.

**Should I get the COVID-19 vaccine if I have had an allergic reaction to other types of vaccines?**  
If you have had an immediate allergic reaction—even if it was not severe—to a vaccine or injectable therapy for another disease, ask your doctor if you should get a COVID-19 vaccine. Your doctor will help you decide if it is safe for you to get vaccinated. Neither the Pfizer-BioNTech or Moderna vaccines contain eggs, latex, or preservatives, but it is recommended you discuss with your doctor if it is safe for you.

**What can I do now to help protect myself from getting COVID-19?**  
If you have not been fully vaccinated, continue to wear a mask, stay 6 feet apart from others who don't live with you, avoid crowds, and wash your hands often. If you are fully vaccinated, visit the CDC's website to see recommendations on what activities are safe to resume.

\*\*This information is for educational purposes only and is not a substitute for professional medical diagnosis or treatment. Secure Health is not involved in vaccine administration decision making or allocation planning. Please contact your local or state public health department for the latest information on the COVID-19 vaccine.

**For more FAQs relating to the COVID-19 vaccine, please visit:**  
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>  
[https://www.who.int/news-room/q-a-detail/coronavirus-disease-\(covid-19\)-vaccines](https://www.who.int/news-room/q-a-detail/coronavirus-disease-(covid-19)-vaccines)

**For more information on COVID-19 visit:**  
[www.cdc.gov](http://www.cdc.gov)  
<https://www.coronavirus.gov/>  
<https://www.who.int/>