



**Please take this form to your physician to be completed.** Please mail this form and the required documentation to: Secure Health Plans, P.O. Box 4088, Macon, GA 31208 or fax to 478-314-2417 or email to [Wellness@shpg.com](mailto:Wellness@shpg.com).

(If using this form for Dental or Vision Incentive credit – complete the top portion only and attach a copy of the Explanation of Benefits (EOB) or a copy of the billing invoice from your appointment)

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Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Health Plan Policy Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

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**The physician's office must complete each of the measurements below for the biometric screening.**

- Lab work necessary for completion of HRA- **(must attach a copy of results)**
  1. Fasting Glucose
  2. Total Cholesterol
  3. HDL
  4. LDL
  5. Triglycerides
  
- Blood Pressure: \_\_\_\_\_
  
- Height: \_\_\_\_\_
  
- Weight: \_\_\_\_\_
  
- Body Fat Percentage: \_\_\_\_\_
  
- Waist Girth: \_\_\_\_\_